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Aimee Shea is a registered dietitian and board certified specialist in oncology nutrition. She received her Bachelor's degree in Nutritional Science from the University of Maryland and her Master's in Public Health from the University of North Carolina at Chapel Hill. Before moving to Columbus, Ohio, where she now resides, Aimee served as the Outpatient Oncology Dietitian at the North Carolina Cancer Hospital, part of the University of North Carolina at Chapel Hill HealthCare System. Currently, Aimee is an assistant professor of nutrition at Mount Carmel College of Nursing. She also teaches nutrition online at a few other universities.

Aimee enjoys speaking to lay and professional audiences about a variety of cancer nutrition-related topics, including cancer prevention and management of nutrition-related side effects of cancer treatment. She has presented on Fighting Cancer with Food, Medical Nutrition Therapy for Acute Cancer Care, Nutritional Management of Side Effects Related to Chemotherapy, Nature's Top 20: Fighting Cancer with Food, Your Diet and Cancer Prevention, Nutritional Management of Side Effects from Chemotherapy, Nutritional Issues after Total Laryngectomy, Nutrition & Supportive Care in Patients undergoing Curative Care for Head & Neck Cancer, Super Foods: Nature's Medicine.