

Oncology Nutrition
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Academy of Nutrition and Dietetics

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How to Apply the Focus Area Standards of Practice (SOP) and Standards of Professional Performance (SOPP) in Oncology Nutrition

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Learning Objectives

Following this presentation, RDNs will be able to:

- Describe the Revised 2017 SOP and SOPP for RDNs (Competent, Proficient, Expert) in Oncology Nutrition
- Utilize the SOP and SOPP for self-evaluation
- Apply the SOP and SOPP to practice

SOP – Standards of Practice; SOPP – Standards of Professional Performance

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Standards of Practice (SOP) in and Standards of Professional Performance (SOPP)




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Foundational Documents

- Academy/CDR Code of Ethics
- Scope of Practice for the RDN
- Scope of Practice for the NDTR
- Standards of Practice (SOP) in Nutrition Care and Standards of Professional Performance (SOPP) for RDNs
- SOP in Nutrition Care and SOPP for NDTRs
- Focus Area SOP and/or SOPP for RDNs



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What are the SOP and SOPP?

- Consensus standards
- Used for professional development
 - Guide self-evaluation
 - Identify education and skills to advance practice level
- Used to determine competence for credentialed nutrition and dietetics practitioners

www.eatrightpro.org/sop

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What do they represent?

Standards of Practice	Standards of Professional Performance	
Nutrition Assessment	Quality in Practice	Competency & Accountability
Nutrition Monitoring & Evaluation	Provision of Services	Application of Research
Nutrition Intervention/Plan of Care	Communication & Application of Knowledge	Utilization & Management of Resources

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Standards Promote

Safety & Quality

Consistency

Improved Outcomes

Ethical & Transparent practices

Professional Advancement

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Standards Provide

Measurable indicators

Guidance for jobs, assessment, and objectives

Description of the role of nutrition & dietetics

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Focus Area SOP SOPPP in Oncology Nutrition



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Why are the SOP SOPPP revised?

7 year review process considering changes in:

- Community Nutrition & Public Health
- Health Care
- Business & Industry
- Education & Research
- Consumer Interest
- Emerging Practice
- Technological Advances

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ON SOP SOPPP History

Previously Published Article


—Originally Published 2006
—Revised in 2010
—Revised in 2017; published April 2018

<https://jandonline.org>

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Overview of Oncology Nutrition

- There are more than 200 different types of cancer, each with its own etiology, set of potential treatment regimens, and likelihood of response to treatment.
- RDNs working in oncology practice settings must have the appropriate knowledge, skills, and competence to provide safe and effective nutrition care across the lifespan and the cancer continuum (prevention, treatment, and survivorship).
- Oncology practice RDNs work in a variety of settings with a full range of roles and responsibilities, e.g., clinician, manager, and program director in healthcare and community setting; academia, research; and federal, state, and local agencies.



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Levels of Practice

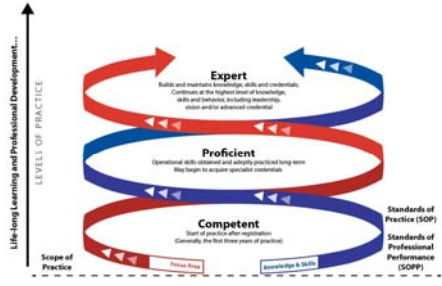


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Dreyfus Model



Adapted from the Dietetics Career Development Guide. For more information, please visit www.eatrightpro.org/futurepractice

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Competent

- Credentialed as a RDN or NDTR
- Employs appropriate knowledge, skills, behaviors and values
- Consistently provides safe and reliable services
- Critically evaluates their own practice
- Improves performance
- Engages in continuing education
- Performs self-evaluation

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Proficient

- Three or more years post credential
- Obtained operational job performance knowledge and skills
- Consistently provides safe and reliable service
- Critically evaluates their own practice
- Improves performance
- Engages in continuing education
- Eligible to take CSO examination

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Expert

- Recognized within the profession
- Mastered the highest degree of skill and knowledge
- Critically evaluates practice and feedback
- Quickly identifies "what" is happening and "how" to approach the situation
- Utilizes nutrition and dietetics skills
- Demonstrates quality practice
- Demonstrates leadership
- Considers new opportunities that build upon nutrition and dietetics

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Examples of Levels of Practice

ON SOP Standard 3- Nutrition Intervention/Plan of Care

3.4	Collaborates with patient/client/advocate/population, caregivers, interprofessional team, and other health care professionals	X	X	X
3.4A	Confers with client, caregivers, and other health care providers to contribute to overall case management	X	X	X
3.4B	Contributes knowledge of and recommendations for medical nutrition therapy to plan intervention in conjunction with the interprofessional team		X	X
3.4C	Facilitates the collaborative process with interprofessional team members in planning the intervention			X

Bold indicator represents a 'core' indicator

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Components of the ON SOP SOPP

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Components are:

- Article
- Figure 1- SOP Indicators
- Figure 2- SOPP Indicators
- Figure 3- Background with Helix
- Figure 4- Resources
- Figure 5- Role Examples

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Key Updates

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The ON SOP SOPP document update highlights include:

- NEW definition of Oncology related to nutrition and dietetics
- CMS regulations- hospital ordering privileges and delegated orders in long-term care
- Updated and expanded Resource list
- Updated Role Examples, such as Telehealth Practitioner

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How to Apply to Practice



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Using the SOP SOPP in Self-Evaluation

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Identify quality indicators to measure improvement in care and service

Professional self-reflection

Self-evaluate level of practice using SOP in Nutrition Care and SOPP for RDNs or NDTRs

Evaluate learning plan

Learning needs assessment

Identify resources to increase knowledge and tailor nutrition care and services

Implement learning plan

Develop learning plan

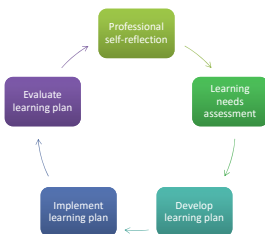
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Case Study

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DESCRIBE CASE



Professional self-reflection

✓ RDN uses SOP SOPP in Oncology Nutrition to self-evaluate level of practice

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Case Study

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Examples of indicators related to case here:

- **Indicator 1.1A** Assesses primary cancer diagnosis and effect on indigestion, digestion, absorption and utilization of nutrients.
- **Indicator 1.4 B** Assess for signs and symptoms of the cancer process and/or treatment related complications (eg, mucositis, diarrhea, cachexia, dysgeusia), and other nutrition impact symptoms.
- **Indicator 3.1** addresses the nutrition diagnoses by determining and prioritizing appropriate interventions for the plan of care.
- **Indicator 3.6** Develops the nutrition prescription and establishes measurable patient/client focused goals to be accomplished.

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Case Study

DESCRIBE CASE cont.

Identify resources to increase knowledge and tailor nutrition services. Examples:

- ✓ ON DPG website
- ✓ Complete Resource Kit for Oncology Nutrition
- ✓ Evidence Analysis Library
- ✓ Book: Oncology Nutrition in Clinical Practice
- ✓ American Institute for Cancer Research

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Case Study

DESCRIBE CASE cont.

Identify quality indicators and design actions to measure improvement in care and advance the RDN's practice level. Examples:

- ✓ Increase patient care in oncology setting
- ✓ Consider specializing in Oncology and work toward becoming a CSO

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Where can you find Standards resources?

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Locations

Academy Webpages:

- Standards of Practice
 - www.eatrightpro.org/sop

Journal Collection Webpages:

- Scope and Standards for RDNs and NDTRs
 - <http://jandonline.org/content/core>
- Focus Area Standards for CDR Specialist Credentials
 - <http://jandonline.org/content/credentialed>
- Focus Area Standards for RDNs
 - <http://jandonline.org/content/focus>

ON SOP SOPP here and in April 2018 issue

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Questions?

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