

ANNUAL REPORT: Oncology Nutrition Dietetic Practice Group (ON DPG)

Mission and Vision

- Our mission is to provide direction and leadership for quality oncology nutrition practice through education and research.
- Our vision is to optimize cancer patient's health and the prevention of cancer through nutrition.

Website: <http://www.oncologynutrition.org/>

Membership: 2,202 (Decrease of 13 from 2012-2013)

Administration

- ON Strategic Plan updated and revised to reflect current practice and alignment with future goals, August 2013
- ON Guiding Principles was updated, January 2013
- Natural Medicine Database, contract updated and signed, in coordination with SCAN and DIFM DPGs, April 2013. Therapeutic Research Center is the parent company of NMC and Natural Standard, which will be merged and launched 2014.
- ON DPG job descriptions updated:
 - Nominating Committee Chair, Electronic Mailing List (EML) Administrator, House of Delegates Delegate, Social Media Chair, Treasurer, Accounts Manager
- ON DPG was represented at the following meetings:
 - ON Symposium, May 2-3, 2014
 - Washington/Idaho State Meeting, April 2014
 - Nebraska State Meeting, April 2014
 - Public Policy Workshop, March 2014
 - The John A. Milner Nutrition and Cancer Prevention Research Practicum, March 2014
 - Food & Nutrition Conference & Expo™ (FNCE®) 2013, Houston, TX, October 2013
 - FNCE® scientific session: Nutritional Genomics: From Genotype to Phenotype, Steve Clinton, PhD, MD and Colleen Spees, PhD, MEd, RDN, LD (speakers) , Elaine Trujillo, MS, RDN (moderator)
 - Optimizing Outcomes in Oncology Patients: Case Studies Using Updated Guidelines ,Maureen Huhman, DCN, RDN, CSO and Rhone Levin, MEd, RDN, CSO, LD (speakers)
 - ON DPG breakfast reception: Updates on the Role of Nutrition Support in Cancer, Todd Canada, Pharm D (speaker)
 - DPG Townhall Meeting, Best Practices, FNCE®, presented on CSO video, October 2013

- South Dakota State Meeting, July 2013
- Florida State Meeting, July 2013
- Renamed the Symposium Grant (1 per Symposium year) and Professional Development Award (2 per year) to Educational Grants (changed to 3 per year on Symposium years and 2 per year on Non-Symposium years, Membership Chair coordinates Educational Grants)
- Phased out State Representative Positions

Executive Committee Mid-Year Planning Meeting, 2014

- ON had 9 conference calls (2013: June, July, August, September, November, December/ 2014: January, February, April)
- In person meetings: 2 day meeting prior to FNCE®, October 2013 and 1 day Mid Year Meeting, May 2014.

Elected officers for 2013-2014 year

- Chair: Elaine Trujillo, MS, RDN (elected as Chair-Elect in 2012-13)
- Chair-Elect: Andreea Nguyen, MS, RDN, CSO, LD, CNSC
- Secretary: Kelay Trentham, MS, RDN, CSO
- Nominating Committee Chair: Katie Harper, MS, RDN, CSO
- Treasurer: Kristin Ringo, RDN, CSO, LD, CNSC
- Past Chair: Suzanne Dixon, MPH, MS, RD
- Area Reps: Shari Oakland, RDN, CSO (Western), Carrie Michel, MS, RDN, CSO, LD (Central), Cindy Clark, MS, RDN, CSO, LDN (Eastern)

Newly Elected officers for 2014-2015

- Chair: Andreea Nguyen, MS, RDN, CSO, LD, CNSC
- Chair-Elect: Tricia Cox, MS, RDN, LD, CNSC
- Secretary: Katie Fowlkes, MS, RDN, CSP, LDN
- Nominating Committee Chair: Heidi Scarsella, RDN, CSO, LDN
- HOD DPG Delegate: Nicole Fox, RDN, LMNT, CNSC
- Past Chair: Elaine Trujillo, MS, RDN

Newly Appointed to positions for 2014-2015 year

- Area Reps: Keri Layton, MS, RDN, CSO, LD (Central)
- Development Coordinator: Janet Mildrew, RDN
- Awards Chair: Erin Gurd, RDN
- Policy & Advocacy Leader: Colleen Spees, PhD, MEd, RDN, LD
- Continuing Education Chair: Paula Macris, MS, RDN, CSO, CD, FADA
- ON DPG Benchmarking Planning Committee: Elaine Trujillo, MS, RDN, Suzanne Dixon, MPH, MS, RDN, Jeannine Mills, MS, RDN, CSO, LD, Katrina Claghorn, MS, RDN, CSO, LDN, Janet Mildrew, RDN, Rhone Levin, MEd, RDN, CSO, LD

- Small Project Research Grant Chair: Heidi Ganzer, MS, RDN, CSO, LD

Hired (contracted) to positions for 2014-2015 year

- Oncology Nutrition Connection Newsletter Editor: Suzanne Dixon, MPH, MS, RDN
- ON Connection Newsletter Associate Editors: Robin Brannon, MS, RDN, CSO, Jodie Greear, MS, RDN, CSO, LDN, Maureen Leser, MS, RDN, CSO, LD, Jocelyne O'Brien, MPH, RD, CSO, LD

Financial Sponsorships/Support

ON DPG Sponsors (\$12,500)

- Enu/Trovita (\$6,500)
- Functional Formularies (\$500)
- Jean LaMantia/Robert Rose (\$2,500)
- Lifelce (\$500)
- Zenpep/Aptalis, part of Forest Laboratories, LLC (\$2,500)

Symposium Sponsors (\$40,000)

- Abbott (\$10,000)
- AbbVie (\$5,000)
- Alcresta (\$5,000)
- Aptalis (\$5,000)
- Orgain (\$1,000)
- Meals to Heal (\$1,000)
- AICR (\$1,000)
- Trovita Health Science (\$3,000)
- Medtrition (\$1,500)
- American Biosciences Inc (\$1,500)
- Thrive (\$ 500)
- Cancer Treatment Center of America (\$3,000)
- Walgreens (\$1,500)
- Jean LaMantia (\$1,000)

Total Revenue

- **\$235,091**

Total Expenses

- **\$242, 351**

Approximate Reserve Level

- **\$204, 792**

Projects in 20113-2014

- ON DPG/Academy/Abbott Jointly Sponsored Webinars:
 - Cancer Survivorship: Nutrition to Promote Optimal Health, December 2013 (303 attendees)
 - The Ins and Outs of Enteral Support: Tube Feeding Basics, January 2014 (227 attendees)
 - Improving Oncology Outcomes with Nutrition: Interventions to Maximize Oral Intake, January 2014 (322 attendees)
 - Cancer Survivorship: Nutrition to Promote Optimal Health, March 2014 (171 attendees)
- ON DPG/Academy Webinars
 - Parenteral Nutrition in Oncology, May 2014 (325 attendees)
- ON DPG Benchmarking Project (Project Chair: Elaine Trujillo, MS, RDN)
- The Diana Dyer project completed; all the questions are either published on the website or in preparation for publication on the website.
- E-blast announcements provided 28 updates, alerts and announcements to members via email.
- The EAL for oncology completed an Update, October 2013 (Project Chair: Laura Elliott, MPH, RDN, CSO, LD)

Alliances/Networks

- Formal Relationships: American Institute for Cancer Research (Karen Collins, MS, RDN) , National Cancer Institute (Rachael Lopez, MPH, RDN)
- Projects: Oncology Nursing Society, American Cancer Society: Guidebook for Hope Lodge Project (ongoing, Project Lead: Robin Brannon, MS, RD, CSO), Script for video (completed January 2014, Laura Elliott, MPH, RDN, CSO, LD, Rhone Levin, MEd, RDN, CSO)

Inter-DPG Coordination

- Research DPG

Publications

- Book, *Oncology Nutrition in Clinical Practice*, published October 2013. Project Chair: Maureen Leser, MS, RDN, CSO, LD), 2nd printing
- The Complete Resource Kit for Oncology Nutrition, published 2013
- Newsletter, *Oncology Nutrition Connection*, peer reviewed newsletter (4 publications/year):
 - Summer 2013
 - Drug-Nutrient Interactions for the Oncology Patient (CPE article)
 - Ketogenic Diet and Cancer, Expert Interview
 - Wild About Farm-Raised Salmon
 - Book Review: The Essential Cancer Treatment Nutrition Guide and Cookbook
 - Case Study: A Patient with Grade IV Glioblastoma Multiforme

- Fall 2013
 - Development of Nutrition Support Guidelines in Pediatric Oncology
 - News Brief: Whey Protein – Good for Cancer Patients?
 - Member Spotlight: Paula Charuhas Macris, MS, RD, CSO, CD, FADA
 - Summary Table of the Nutritional Side Effects of Most Commonly Used Chemotherapy and Radiation Agents in Pediatric Oncology
 - Questions from Breastfeeding Mothers of Babies Undergoing Cancer Therapy
 - Update on CPE: What’s New?
 - CPE Article: Nutrition Care of Children During and After Hematopoietic Stem Cell Transplantation
- Winter 2014
 - Alcohol Consumption and Breast Cancer Risk
 - Eat Right to Fight Cancer: Cauliflower
 - Prophylactic Feeding Tube Placement and the Incidence of Malnutrition in the Head and Neck Population – A Review of the Literature
 - Expert Interview: Five Questions on Nutritional Genomics Guest Expert Colleen Spees, PhD, MEd, RD, LD
 - CPE Article: Optimizing Outcomes in Oncology Patients: Case Studies Using Updated Guidelines
- Spring 2014
- Area Rep Electronic Quarterly Newsletter, *Dietitians in Action*
- JAND article on EAL Oncology Update Project, *in preparation* (Project Chair: Laura Elliott, MPH, RDN, CSO, LD)
- Website Publications, public side
 - Educational Handouts in collaboration with Abbott
 - Oral Nutrition Supplements for Improved Outcomes
 - Energy Balance for Healthy Survivorship After Cancer
 - Tube Feeding at Home
 - Eating Well When Unwell
 - Carcinoid Syndrome and Diet
 - Diet after Whipple Procedure
 - Esophageal Cancer & Diet During Treatment
 - Gastrostomy Feeding Tube Placement
 - Nutritional Alternatives to Tamoxifen
 - Nutrition Side Effects & Chemotherapy
 - Prostate Cancer and Diet
 - Prostate Cancer & Calcium Concerns
 - Healthy Nutrition Now
 - Cancer Fighting Foods
 - Flaxseed & Prostate Cancer Risk
 - Juicing and Cancer

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- Vitamin A and Bone Health
- Vitamin D and Breast Cancer Risk
- Sugar and Cancer (in preparation)
- Hot Topics
 - Flaxseeds and Breast Cancer
 - Herbs & Chemotherapy
 - Soy Foods, Diet, and Tamoxifen

ON DPG Website Update:

- Member Directory added (excel spreadsheet with member information), April 2014
- Monthly Visits: 29,555 (April 2014); visits steadily climbing from September 2013 to April 2014
- Public side: increasing content
- Added store to sell ON DPG products

Awards to ON DPG Members

- 2013 Distinguished Practice Award presented to Wendy Demark-Wahnefried, PhD, RDN
- 2013 Connie San Andres-Robles Distinguished Service Award presented to Heather Bell-Temin, MS, RDN, CSO, LDN
- 2013 Friend of the DPG was presented to Diane D. Tallman, RDN
- 2013 Award for Excellence in Oncology Nutrition Research presented to Teresa Fung, ScD, RDN for abstract “Intake of specific fruits and vegetables in relation to risk of estrogen receptor-negative breast cancer among postmenopausal women.”
- 2014 Educational Grants awarded to Ashley Malone, RDN and Sarah Rolfe, RDN

Social Media

- Facebook: 3,237 likes as of April, 2014; reach 330-2,000 people per post weekly
- Twitter: 38 followers (as of May 2014)
- Pinterest account started

Member Services

- Certified Specialist Oncology (CSO) board certifications exams were held by CDR in September and March. There are currently 648 CSO RDNs in the U.S. and Canada.
- EML: >800 members (as of May 2014)

Membership

- The ON DPG continues to provide members with professional resources, materials, continuing education and professional development, networking, and leadership opportunities.