

## 2015-2016 ANNUAL REPORT: Oncology Nutrition Dietetic Practice Group (ON DPG)

### Mission and Vision

- Our mission is to serve the needs of registered dietitian nutritionists working in cancer prevention, treatment, and survivorship in clinical, community, and research careers.
- Our vision is that ON DPG is the leading resource and professional organization for oncology nutrition experts across the continuum of care, and through this role, we will further the availability of quality nutrition care to all individuals affected by cancer.

**Website:** [www.oncologynutrition.org](http://www.oncologynutrition.org)

**Membership:** May 31, 2016: 2,346, an increase of 10 members from March 30<sup>th</sup>, 2015

### Administration

- ON DPG job descriptions:
  - All job descriptions have been revised, updated and uploaded on the website.
  - Organizational chart has been revised and updated on the website.
    - New roles created:
      - Communications Chair
      - Reimbursement Representative
- ON DPG was represented at the following meetings:
  - Food & Nutrition Conference & Expo™ (FNCE®) 2015, Nashville, TN, October 2015
    - FNCE® scientific session: Medical Marijuana: Is It Symptom Management for the Cancer Patient? Dr. Donald Abrams, MD, Kelay Trentham, MS, RDN, CSO, CD, Tricia Cox MS, RD, CSO, LD, CNSC (moderator)
    - ON DPG breakfast reception: Pediatric Subgroup, presented by Katie Badgett, MS, RD, CSP, LDN and Jodie Greear, MS, RD, CSO, LDN
    - Cancer Survivorship: Isn't it Time for Action? Bette Caan, PhD, Heather Greenlee, ND, PhD, Cyndi Thompson, PhD, RD, Elaine Trujillo, MS, RDN
  - The John A. Milner Nutrition and Cancer Prevention Research Practicum, March 2015 (represented by Elaine Trujillo, MS, RDN)
- Institute of Medicine Benchmarking Workshop, March 14, 2016
  - Supported by the ON DPG Benchmarking Committee (Elaine Trujillo, MS, RDN, Chair, Katrina Claghorn, MS, RD, CSO, LDN, Suzanne Dixon, MPH, MS, RD, Rhone Levin, MEd, RD, CSO, LD, Jeannine Mills, MS, RD, CSO, LD, Janet Mildrew, RDN)

- Sponsor Panel: Katrina Claghorn, MS, RD, CSO, LDN, Elaine Trujillo, MS, RDN (representing National Cancer Institute)
- Models of Nutrition Care in Outpatient Oncology in the U.S. and Barriers to Achieving Ideal Care: Rhone Levin, MEd, RD, CSO, LD
- Facilitated Discussion: Suzanne Dixon, MPH, MS, RD

### **Pediatric Subunit**

- The sub-unit was represented at the following conferences:
  - Food & Nutrition Conference & Expo™ (FNCE®) 2015, Nashville, TN
    - ON DPG Member Breakfast Session: On DPG Pediatric Sub-unit
  - ON DPG 2016 Symposium in Glendale, AZ
    - Pediatric Survivorship by Nancy Sacks, MS, RD, LDN
- Contributed one pediatric webinar to ON DPG's annual offerings: The Ketogenic Diet for Pediatric Brain Tumors and Other Cancers by Rachel Laquere, RD, LD
- Held monthly leadership team strategic meetings
- Established a "Pediatric Corner" in the On DPG's quarterly newsletter
- Published 3 articles in the new "Pediatric Corner" section of the ON DPG newsletter
  - Introducing the Pediatric Sub-unit of the ON DPG
  - Low Microbial Diet in the Oncology Population
  - Pediatric vs. Adult Cancer: Critical Differences
- Improved networking and collaboration via the Electronic Mailing List – pediatric topics now distinguished by PEDI for better identification
- Dispersed the latest pediatric oncology nutrition research by posting new research abstracts on the Electronic Mailing List
- Updated pediatric webpage with updated resources and references quarterly

### **Executive Committee Mid-Year Planning Meeting, 2015**

- ON had 9 conference calls (2015: June, July, August, September, November, December/ 2016: January, February, March)
- In person meetings: 2 day meeting prior to FNCE®, October 2015 and 1.5 days Mid Year Meeting, April 2016.

### **Elected officers for 2015-2016 year**

- Chair: Tricia, Cox, MS, RD, CSO, LD, CNSC
- Chair-Elect: Kelay Trentham, MS, RDN, CSO, CD
- Secretary: Katie Badgett, MS, RD, CSP, LDN
- Nominating Committee Chair: Heidi Scarsella, RDN, CSO, LDN
- Treasurer: Caitlin Benda, MS, RD, CSO, LDN, CNSC
- Past Chair: Andreea Nguyen, MS, RD, CSO, LD, CNSC (elected as Chair-Elect in 2013-14)
- Area Reps:

- Western Area Representative: Paula Charuhas Macris MS, RD, CSO, FAND, CD
- Central Area Representative: Anita Vincent, RDN, CSO, LDN
- Eastern Area Representative: Dianne Piepenburg, MS, RD/N, CSO

**Newly Elected officers for 2016-2017**

- Chair: Kelay Trentham, MS, RDN, CSO, CD
- Chair-Elect: Heather Bell-Temin, MS, RD, CSO, LDN
- Treasurer: Caitlin Benda, MS, RD, CSO, LDN, CNSC
- Western Area Representative: Paula Charuhas Macris MS, RD, CSO, FAND, CD
- Central Area Representative: Anita Vincent, RDN, CSO, LDN
- Eastern Area Representative: Dianne Piepenburg, MS, RD/N, CSO
- Past Chair: Tricia, Cox, MS, RD, CSO, LD, CNSC

**Newly Appointed** to positions for 2014-2015 year

- **Communications Chair:** Julie Lanford, MPH, RD, CSO, LDN
- **Reimbursement Representative:** Heidi Ganzer, DCN, RDN, CSO, LDN
- **ACEND Project:** Barbara Grant, Chair
- **Symposium 2016 planning Committee:** Heather Bell-Temin, MS, RD, CSO, LDN (Symposium Chair), Jeannine Mills, MS, RD, CSO, LD, Andreea Nguyen MS, RD, CSO, LD, CNSC, JJ Barten, RD, CSO, Katrina Claghorn, MS, RD, CSO, LDN, Suzanne Dixon, MPH, MS, RD, Kelay Trentham, MS, RDN, CSO, CD, Kristen Lange, MS, RD, CSO, LDN, Rhone M. Levin, MEd, RD, CSO, LD, Maria Petzel, RD, CSO, LD, CNSC, FAND, Denise Snyder, MS, RD, LDN, Maureen Huhmann, DCN, RD, CSO, Heidi Ganzer, DCN, RDN, CSO, LD and Elaine Trujillo MS, RDN.

**Hired** (contracted) to positions for 2015-2016 year

- Oncology Nutrition Connection Newsletter Editor: Suzanne Dixon, MPH, MS, RDN
- ON Connection Newsletter Associate Editors: Jodie Greear, MS, RDN, CSO, LDN

**Financial Sponsorships/Support**

ON DPG Sponsors (\$6,000):

- FNCE® 2015 ON DPG Breakfast Reception (\$5000)
- FNCE 2015 Executive Committee Breakfast (\$1,000)

Symposium Sponsors (\$44,500):

- Meals to Heal/Savor Health
- Drip Drop
- Unjury
- Abbott
- Konsyl
- Global Health

- Soleo Health
- Hormel
- Abbvie
- AICR
- Alcresta
- Coram
- Trovita/Enu
- DCI/Pertzye
- Mg Plus/Miller
- Sunsweet

## Projects in 2015-2016

### ON DPG/Academy Webinars-

- **Quality Nutrition Care of Oncology Patients: Are We Delivering?**
- Wednesday, August 26<sup>th</sup>, 2015 at 1pm EDT/10am PDT
- Presented by Rhone Levin, Elaine Trujillo, Suzanne Dixon and Ann Yaktine
- Attendance: 425 people
  
- **What every oncology RD needs to know about changing health care payments in oncology**
- Wednesday, November 4, 2015
- Presented by Michelle Kuppich, RD
- Attendance:139 people
  
- **The Ketogenic Diet for Pediatric Brain Tumors and Other Cancers**
- Tuesday January 26<sup>th</sup>, 2016
- Presented by Rachel Laquere, RDN, LD
- Attendance: 290 people
- 
- **Breast Cancer and Weight Considerations**
- Sponsored and facilitated by Women's Health DPH
- Friday April 8<sup>th</sup>, 2016
- Presented by **Ginger Hultin MS, RD, CSO**
  
- **Dietary Supplements**
- Wednesday, May 26<sup>th</sup> 2016
- Presented by Sarah Washburn
- Attendance: 535 people

Institute of Medicine Workshop on Assessing Nutrition Care in Outpatient Oncology -Elaine Trujillo, MS, RDN (Project Chair), Jeannine Mills, MS, RD, CSO, LDN, Suzanne Dixon, MPH, MS, RD, Rhone Levin, MEd, RDN, CSO, and Janet Mildrew, RD.

Multiple sponsors including:

- American Institute For Cancer Research
- Oncology Nutrition Dietetic Practice Group of the Academy of Nutrition and Dietetics
- NIH National Cancer Institute and Office of Dietary Supplements
- Alcresta
- American Cancer Society
- Academy of Nutrition and Dietetics Foundation
- Academy of Nutrition and Dietetics
- Option Care
- Savor Health
- Clinical Nutrition Management Dietetic Practice Group of the Academy of Nutrition and Dietetics
- Medtrition
- Annie Appleseed Project
- Attendance: 400 in person and via webinar
- March 14, 2016, 7:30 AM – 5:00 PM EST
- IOM Staff
  - Anne Yaktine, PhD, RD
- Planning Committee
  - Cheryl Rock, PhD, RD (Chair), Kim Robien, PhD, RD, CSO, FAND (Vice Chair), Steven Clinton, MD, PhD, Wendy Johnson-Askew, PhD, MPH, Marian Neuhouser, PhD, BSc, Nico Pronk, PhD, FACSM, FAWHP
- Presenters:
  - Cheryl Rock, PhD, RD (Welcome; Moderator; Nutritional Interventions and Issues in Long-Term Oncology Care;)
  - Steven Clinton, MD, PhD (Keynote; Moderator)
  - Elaine Trujillo, MS, RDN (Sponsor Panel, NCI)
  - Karen Sullivan (Sponsor Panel, Alcresta, Inc)
  - Deirdre McGinley-Gieser (Sponsor Panel, AICR)
  - Colleen Doyle (Sponsor Panel for ACS; Dissemination and Implementation of Nutritional Care in Community Settings)
  - Katrina Claghorn, MS, RD, CSO, LDN (Sponsor Panel, ON & CNM DPGs)
  - Alison Steiber, PhD, RDN (Sponsor Panel, Academy and Academy Foundation)
  - Mary Platek, PhD, RD (Nutritional Interventions and Issues in Early Oncology Treatment)
  - Kim Robien, PhD, RD, CSO, FAND (Moderator)
  - Rhone Levin, MEd, RD, CSO, LD (Models of Nutrition Care in Outpatient Oncology in the U.S. and Barriers to Achieving Ideal Care)
  - Liz Isenring, PhD (Models of Nutrition Care in Outpatient Oncology Internationally)
  - Diana Dyer, MS, RD (Panel Discussion: Data Gaps in Models of Care)
  - Nico Pronk, PhD (Moderator)
  - Jim Lee, MS (Cost/Benefit Considerations)

- Brenna Schebel (Perspectives on Oncology Nutrition Care: Employers and Other Purchasers)
- Marian Neuhouser, PhD, BSc (Moderator)
- Barbara Grant, MS, RDN, CSO, FAND (Dissemination and Implementation of Nutritional Care in Acute Care and Specialized Centers)
- Joan McClure, MS (Development of Clinical Practice Guidelines)
- Suzanne Dixon, MPH, MS, RD (Panel Discussion Leader)
- Wendy Johnson-Askew, PhD, MPH (Moderator)

ASCEND Project-Barbara Grant, MS, RDN, CSO, FAND, Kathryn Hamilton, MA, RDN, CSO, Laura Elliott, MPH, RD, CSO, LD, Andreea Nguyen, MS, RD, CSO, LD, CNSC, Tricia Cox, MS, RD, CSO, LD, CNSC, Kristy Gibbons, MS, RDN, CSP, CSO, LDN

- Telemedicine Project. Project Chairs: Rhone Levin, MEd, RDN, CSO and Suzanne Dixon, MPH, MS, RD.
- E-blast announcements provided 32 updates, alerts and announcements to members via email.
- ASCO Energy Balance Workgroup-Suzanne Dixon- A 6-12 month project on the strategic effort to address obesity as it relates to cancer by promoting increased education and awareness, research, and access to proven interventions.
- 

#### **Alliances/Networks**

- Formal Relationships: American Institute for Cancer Research (Karen Collins, MS, RDN), National Institute for Health (Rachael Lopez, MPH, RDN)
  - Collaborated with The American Institute for Cancer Research to launch their third national awareness campaign for February 2016– Cancer Prevention Month.
- Informal Relationships: American Cancer Society: Guidebook for Hope Lodge Project (ongoing, Project Lead: Robin Brannon, MS, RD, CSO), Cancer Nutrition Consortium: Telemedicine project (ongoing), Oncology Nursing education regarding nutrition: via webinars developed with Abbott Nutrition and Academy Medical
- Trying to establish a relationship with: American Society of Clinical Oncology (ASCO), Oncology Nursing Society (ONS).

#### **Inter-DPG Coordination**

- Pediatric Nutrition Practice Group – ON DPG Pediatric sub-unit collaboration
- Hunger and Environmental Nutrition Dietetic Practice Group – newsletter collaboration
- Vegetarian Nutrition Dietetic Practice Group – newsletter collaboration

#### **Publications**

- Book, *Oncology Nutrition in Clinical Practice*, published October 2013. Project Chair: Maureen Leser, MS, RDN, CSO, LD, 4<sup>th</sup> printing
- Newsletter, *Oncology Nutrition Connection*, peer reviewed newsletter (4 publications/year):

- Winter 2016 Volume 23, No. 2
  - Message from the Chair: CNM DPG Supporting ON DPG
  - Brief Report: Fluoride Toxicity in Hematopoietic Stem Cell Transplantation
  - Pediatric Oncology Nutrition Corner: Pediatric vs. Adult Cancer: Critical Differences
  - CPE Article: Miraculin and The Miracle Berry: An Option for Dysgeusia?
  - Medical Cannabis Comes Out from Underground
  
- Summer 2015/Volume 23 No. 1
  - Case Study: Adult Gastric Cancer Patient—Surgery and Chemoradiation Therapy
  - Pediatric Oncology Nutrition Corner: Low Microbial Diet in the Oncology Population
  - Congratulations to Your New ON DPG Executive Committee Members
  - CPE Articles: Soy and Breast Cancer
  - An Innovative Student Project: Impact of Diet on the Risk of Developing Stomach Cancer
  
- Area Rep Electronic Quarterly Newsletter, *Dietitians in Action*
- JAND article on EAL Oncology Update Project, *in preparation* (Project Chair: Laura Elliott, MPH, RDN, CSO, LD)
- Addition of Index to the Oncology section of the Nutrition Care Manual, ongoing (Project Chair: Maureen Leser, MS, RD, CSO, LD)
- Website Publications, public side:
  - Eat Right to Fight Cancer
    - Recipes, Menus, and Diets
      - Dairy-Free Phytochemical Super Shake Recipe
      - Dairy-Free Banana Nut Shake Recipe
      - Dairy-Free Blueberry Blast Smoothie
      - Dairy-Free Mango Madness Shake
      - Dairy-Free Morning Sunshine Shake
      - Dairy-Free Tropical Breeze Shake
      - Dairy-Free Strawberry Fields Shake
      - Okra soup
      - Fall Harvest Salad
      - High Protein Green Smoothie
      - Quinoa Kale Cakes.docx
      - Strawberry Shake
    - Healthy Nutrition Now
      - Foods
        - Cancer Fighting Foods (updated 2016)
        - Dairy and Ovarian Cancer (updated 2016)
        - WBC Count and Diet (updated 2016)
    - Eating Well When Feeling Unwell
      - Chemotherapy
      - Taste Changes During Treatment (updated 2016)
    - Radiation

- Tips for Managing Diarrhea after Radiation Therapy for Rectal Cancer (updated 2016)

### **ON DPG Website Update:**

Website Analytics as of April 2016: Increased traffic over previous year

- Sessions: 486,899 vs 350,455 (increase 38.93%)
- Users: 408,055 vs 289,994 (increase 40.71%)
- Page views: 860,003 vs 687,890 (increase 25.02%)
- Increased public content pages making them the most popular area of the website. Most popular pages on website “White Blood Count & Diet”, “Sugar and Cancer, and “Should I be Juicing”.
- Continue to provide a resource to the public and to members by answering website generated emails. Average 50 emails per month.
- Increased store content by adding previously recorded webinars.
- Advertisement of FNCE, Pediatric Sub Group, IOM/Benchmarking Project and Symposium 2016.

### **Awards to ON DPG Members**

- 2015 Distinguished Practice Award Kristen Trukova MS, RD, CSO, CNSC, LDN
- 2015 Connie San Andres-Robles Distinguished Service Award Elaine Trujillo MS, RD
- 2015 Friend of the DPG Award Dr. Steven Clinton, MD, PHD
- 2015 Professional Partnership Award Kathryn Hamilton MA, RD, CSO, CDN
- 2015 Award for Excellence in Oncology Nutrition Research presented to Colleen Spees, PhD, Med, RDN, FAND: "Growing Hope: A Comprehensive Garden-Based Health and Nutrition Education Program for Cancer Survivors."
- 2015 Small Research Grant awarded to Patricia Sheehan, PhD, RD
- Symposium Poster Sessions Awarded to:
  - Ashley Hilbert, MCD, RD and Julie McGuire MS, RD, LD  
Impact of Weight Loss on Hand Grip Strength in Head and Neck Cancer Patients Receiving Radiation Therapy.
  - Rachel Hill RD, LD, CNSC  
Development and Implementation of an Outpatient Pediatric Oncology Nutrition Screening Tool

### **Social Media**

- Facebook: 5,405 ‘likes’ as of April, 2016 (an increase of approximately 1134 ‘likes’ since 2015, 21% increase); reaching 3700-7000 people per post weekly
- Pinterest account ongoing

### **Member Services**



- Certified Specialist Oncology (CSO) board certifications exams were held by CDR in September and March. There are currently 694 CSO RDNs in the U.S. and Canada, not including the numbers from the March 2016 CSO exam.
- EML: approximately 900 members (as of April 2016)

### **Membership**

- The ON DPG continues to provide members with professional resources, materials, continuing education and professional development, networking, and leadership opportunities.

### **Financials—**

- Revenue: \$101,783
- Expenses: \$91,896
- Investment reserves: \$15,438