

2016-2017 ANNUAL REPORT: Oncology Nutrition Dietetic Practice Group (ON DPG)

Mission and Vision

- Mission: Empowering ON DPG members as oncology nutrition leaders and experts through advocacy, education and research.
- Vision: Optimizing the health of persons with cancer and cancer survivors and contributing to cancer prevention efforts through food and nutrition.

Website: http://www.oncologynutrition.org/

Membership: As of May 31, 2017: 2,334 a decrease of 12 members from 2015-2016 fiscal year.

• The ON DPG continues to provide members with professional resources, materials, continuing education and professional development, networking, and leadership opportunities.

Administration

- Completed Strategic Plan for 2016-2018.
- Revised Mission and Vision statements.
- Revised Guiding Principles and submitted to Academy for approval.
- ON DPG job descriptions:
 - All job descriptions have been revised, updated and uploaded on the website.
 - Organizational chart has been revised and updated on the website.
 - New roles created:
 - Diversity Liaison
 - Nominating Committee Chair-elect
 - Nominating Committee Member
 - Volunteer Coordinator
 - Second Century Liaison
- ON DPG was represented at the following meetings/conferences:
 - ASCO Summit on Addressing Obesity Through Multidisciplinary Provider Collaboration (February 2016); represented by Suzanne Dixon, MPH, MS, RDN
 - The John A. Milner Nutrition and Cancer Prevention Research Practicum (March 2016), represented by Elaine Trujillo, MS, RDN
 - Academy of Nutrition and Dietetics Public Policy Workshop (July 2016), represented by Colleen Spees, PhD, MEd, RDN, LD, FAND
 - Florida Academy of Nutrition and Dietetics (July 2016): Maureen Gardner, MA, RDN,
 CSO, LDN promoted ON website, and ONCP book at "Ask the Expert" table
 - o Food & Nutrition Conference & Expo[™] (FNCE[®]) (October 2016), Boston, MA

- FNCE[®] scientific session: "Plant Based or Low-Carb: Personalized Approaches for Obesity, Diabetes and Cancer", presented by Brie Turner-McGrievy, PhD, RD and Jeff Volek, PhD, RD; moderator: Kelay Trentham, MS, RDN, CSO, CD, ON DPG Chair
- ON DPG breakfast reception: "Nutrition in Cancer Prevention and Survival", presented by Dr. Walter Willett
- "Access to Nutrition Care in Outpatient Cancer Centers: Moving Forward and Next Steps", presented by Elaine Trujillo, MS, RDN, Cheryl Rock, PhD and Kim Robien, PhD, RDN, CSO, FAND
- AICR Research Conference (November 2016)
 - "Integration of Dietetics into Oncology Standards of Care" presented by Suzanne Dixon, MPH, MS, RDN
- Food and Nutrition Board, Health and Medicine Division, National Academy of Sciences
 - "Translating Policy into Practice: Opening Access to Nutrition Care in the Outpatient Setting" presented by Elaine Trujillo, MS, RDN, Cheryl Rock, PhD, RDN, and Kim Robien, PhD, RD, CSO, FAND
- National Cancer Policy Forum workshop: "Incorporating Weight Management and Physical Activity Throughout the Cancer Care Continuum: A Workshop" (February 2017), represented by Suzanne Dixon, MPH, MS, RDN (panelist)
- Maryland Academy of Nutrition and Dietetics Annual Meeting (May 2017)
 - Oncology Nutrition booth hosted by Patricia C. Guay-Berry, RD, CSO, LD
- New Hampshire Dietetic Association Spring Conference (May 2017)
 - Oncology Nutrition booth hosted by Ann Saltalamacchia, RD, LD
- Puget Sound Oncology Nursing Society Tacoma, WA Chapter Educational Meeting (May 2017)
 - "Medical Cannabis in Cancer Care: What You Should Know", presented by Kelay Trentham, MS, RDN, CSO, CD

Pediatric Sub-unit

- Contributed one pediatric webinar to ON DPG's annual offerings: "Nourishing Recovery from Discovery", Lori Bechard, PhD, MEd, RD
- Held monthly leadership team strategic meetings
- Maintained a "Pediatric Corner" in the ON DPG quarterly newsletter
- Submitted project proposals to Academy of Nutrition and Dietetics for:
 - Survey to evaluate nutrition assessment and clinical practice management methods utilized by RDNs working with pediatric oncology patients, and develop proposed best practices for nutrition assessment in this population
 - Development of a pro-active nutrition intervention algorithm for pediatric oncology nutrition care
- Published 3 articles in Volume 23, No. 3 of Oncology Nutrition Connection, with this entire issue of the ON DPG newsletter dedicated to pediatric oncology nutrition.
- Maintained and cultivated the pediatric webpage with updated resources and references quarterly.

Executive Committee Meetings, 2016-2017

- ON had 10 conference calls (2016: June, July, August, September, November, December/ 2017: January, February, March, April)
- In person meetings: 2 day meeting prior to FNCE[®], October 2016 and 1.5 day Mid-Year Meeting, May 2017.

Elected officers for 2016-2017 year

- Chair: Kelay Trentham, MS, RDN, CSO, CD, LMP
- Chair-Elect: Heather Bell-Temin, MS, RD, CSO, LDN
- Secretary: Jyoti Benjamin, MS, RDN, CSO, CD, FAND
- Nominating Committee Chair: Katie Badgett, MS, RDN, CSP, LDN
- Treasurer: Caitlin Benda, MS, RD, CSO, LDN, CNSC
- Past Chair: Tricia Cox, MS, RD, CSO, LD, CNSC (elected as Chair-Elect in 2014-15)
- Area Reps:
 - Western Area Representative: Paula Charuhas Macris MS, RD, CSO, FAND, CD
 - o Central Area Representative: Anita Vincent, RDN, CSO, LDN
 - Eastern Area Representative: Dianne Piepenburg, MS, RD/N, CSO
- DPG Delegate: Shayne Robinson, RD, CSO, CDN (specially elected to fill early vacancy)

Newly Elected officers for 2017-2018

- Chair: Heather Bell-Temin, MS, RD, CSO, LDN
- Chair-Elect: Alice Bender, MS, RD
- Treasurer: Paula Charuhas Macris MS, RD, CSO, FAND, CD
- Nominating Committee Chair-elect: Erin Gurd, RD
- Nominating Committee Member: Katie Harper,
- Past Chair: Kelay Trentham, MS, RDN, CSO, CD, LMP (elected Chair-elect 2015-2016)
- DPG Delegate: Shayne Robinson, RD, CSO, CDN

Newly Appointed to positions for 2016-2017 year

- Diversity Liaison: Kristen Lange, MS, RD, CSO, LD/N
- Second Century Liaison: Julie Lanford, MPH, RD, CSO, LDN
- E-blast Coordinator: Erin Williams, RD, CSO, CNSC
- Networks Coordinator: Heidi Scarsella, MPH, RDN, CSO, LDN
- Policy and Advocacy Leader: Sara Estabrook, MA, RDN, CSO, LDN
- Reimbursement Representative: Gretchen Gruender, MS, RDN, CSO
- Social Media Coordinator: Anna Maria Bittoni, MS, RD, LD
- Sponsorship Chair: Rhone Levin, MEd, RD, CSO, LD
- Symposium 2018 Co-Chairs: Heather Bell-Temin, MS, RD, CSO, LDN; Jeannine Mills, MS, RD, CSO, LD
- Symposium Planning Committee: Rhone Levin, MEd, RD, CSO, LD; Katrina Claghorn, MS, RD, CSO, LDN; Erin Williams, RDN, CSO, CNSC; Amy Patton, RD, CSO, CNSD; Heidi Ganzer, DCN, RD, CSO; Maria Petzel, RD, CSO, LD, CNSC, FAND
- Volunteer Coordinator: Dianne Piepenburg, MS, RDN, CSO

Hired (contracted) to positions for 2016-2017 year

- o Oncology Nutrition Connection Newsletter Editor: Suzanne Dixon, MPH, MS, RDN
- ON Connection Newsletter Associate Editors: Jodie Greear, MS, RDN, CSO, LDN; Renee Stubbins, PhD, RD, LD, CSO

Financial Sponsorships/Support

ON DPG Sponsorship (\$22,050):

- FNCE[®] 2016 ON DPG Breakfast Reception (\$5000)
- Focus Dinner (\$4000)
- E-blasts, Newsletter, Website (\$13,050)

Sponsors:

Functional Formularies (Liquid Hope) Abbott Nutrition Kate Farms Orgain

Projects and Activities in 2016-2017

ON DPG/Academy Webinars:

- "Preparing the Perfect Poster Presentation", Megan Strom, MS, September 14, 2016; Attendance: 102
- "Nourishing Recovery from Discovery: Hematopoietic Cell Transplantation in Children", Lori Bechard, PhD, RD, February 1, 2017; Attendance: 188
- "To Blend or Not to Blend", Lisa Epp, RD, CNSC, May 8, 2017; Attendance: 388

ANDHII Research Project: Tricia Cox, MS, RD, CSO, LD, CNSC (Project Chair), Anne Voss, PhD, RD, LDN

<u>Nutrition Access and Cancer Health Outcomes workgroup</u>: Elaine Trujillo, MS, RDN (Project Chair), Jeannine Mills, MS, RD, CSO, LDN, Suzanne Dixon, MPH, MS, RD, Rhone Levin, MEd, RDN, CSO, Colleen Spees, PhD, MEd, RDN

- Submission of changes to the NCCN Guidelines for Head and Neck Cancer and Pancreatic Cancer. In the 2017 Guidelines, our recommendation that "A registered dietitian should be part of the multidisciplinary team for treating patients with head and neck cancer throughout the continuum of care" was included, as well as that a nutrition evaluation should be carried out by a "registered dietitian" for patients with pancreatic cancer.
- Secured National Cancer Institute (NCI) Request for Applications (R01, R21) for the NCI's Provocative Question (PQ) mechanism, namely PQ11, which is: "Through what mechanisms do diet and nutritional interventions affect the response to cancer treatment?"
- Initiation of a Quality Improvement project collecting data through electronic medical records on the utilization of a validated malnutrition screening tool across three cancer centers (The Ohio State University, Health Partners in Minnesota, and Dartmouth-Hitchcock, New Hampshire.)

• Re-vamped the Colleen Gill survey of NCI-designated cancer centers. New survey is intended to capture staffing at cancer centers. Survey completed and approved by The Ohio State University IRB. Will distribute in fall of 2017.

<u>SOP/SOPP Paper revision (initiated and is ongoing)</u>, authors: Paula Charuhas Macris MS, RD, CSO, FAND, CD; Raymond Palko MS, RD, CSO; Karen Schilling, MS, RD, CSO, LD; Project Coordinator: Jodie Greear, MS, RD, CSO, LDN

<u>Revision of Oncology Nutrition for Clinical Practice</u>: proposal submitted by Andreea Nguyen, MS, RDN, CSO, LD, CNSC

E-blast announcements: provided 34 updates, alerts and announcements to members via email.

<u>Oncology Nutrition Handbook (initiated)</u>: revision of The Complete Resource Kit for Oncology Nutrition, authors: Maureen Gardner, MA, RD, CSO, LDN; Annette Goldberg, MS, MBA, RDN; Lindsay Malone, MS, RDN, CSO, LDN

Provision of Input to Academy for their comment regarding:

- Cancer Moonshot
- NCI Health Information National Trends Survey

Speakers Bureau

Funded Julie Lanford for August 27, 2016 at the Camp Victory Women's Weekend in Wichita, KS on Nutrition and Cancer Survivorship.

Funded Jeannine Mills May 2017 speaking engagement at the New Hampshire Dietetic Association.

Alliances/Networks

- Formal Relationships: American Institute for Cancer Research (Karen Collins, MS, RDN), National Institute for Health (Rachael Lopez, MPH, RDN)
 - Collaborated with The American Institute for Cancer Research to launch their fourth national awareness campaign for Cancer Prevention Month (February 2017).
- Informal Relationships: Trying to establish a relationship with: American Society of Clinical Oncology (ASCO); Oncology Nursing Society (ONS); the American Academy of CME.

Inter-DPG & Academy Group Coordination

 Collaboration with: Clinical Nutrition Management, Dietitians in Nutrition Support, Medical Nutrition, Healthy Aging, as well as NDEP: to publish a Hand Grip Strength Tool Kit, including a webinar. Project Coordinators: Terese Scollard, MBA, RD, LD (author) – CNM; Ainsley Malone, MS, RDN, LD, CNSC, FAND, FASPEN

Publications

- Fourth printing of book, *Oncology Nutrition in Clinical Practice*, originally published October 2013. Project Chair: Maureen Leser, MS, RDN, CSO, LD
- Newsletter, *Oncology Nutrition Connection*, peer reviewed newsletter:
 - Volume 23, No. 3
 - Message from the Chair: Kelay Trentham, MS, RDN, CSO
 - Breastfeeding the Baby with Cancer
 - Pediatric Oncology Nutrition Corner: Seeing the Community Healing Garden at Mercy Cancer Take Root
 - CPE Article: Pediatric Oncology Nutrition Primer: Not Just Smaller Adults!
 - Eat Right to Fight Cancer: Butternut Squash
- Area Representatives' Electronic Quarterly Newsletter, *Dietitians in Action* was published quarterly
- Addition of Index to the Oncology section of the Nutrition Care Manual, completed; Project Chair: Maureen Leser, MS, RD, CSO, LD
- Website Publications, public side (updated and/or put in PDF format):
 - Taste Change and Treatment
 - o Tips for Managing Diarrhea after Radiation for Rectal Cancer
 - White Blood Cell Count and Diet
 - Cancer Fighting Foods
 - Dairy and Ovarian Cancer
- Article submitted to and under review by *Annals of Internal Medicine*: "Summit on Addressing Obesity through Multidisciplinary Provider Collaboration: Key Findings and Recommendations for Action", with contributing author: Suzanne Dixon, MPH, MS, RDN

ON DPG Website Update:

Website Analytics as of May 31, 2017:

- Sessions: 632,215
- Users: 530,004
- Page views: 1,083,633
- Most popular pages on website "White Blood Count & Diet", "Sugar and Cancer", and "Should I be Juicing".
- Continue to provide a resource to the public and to members by answering website generated emails. Average 35 emails per month.
- Advertisement of FNCE[®] Spotlight Session and ONDPG Breakfast, Pediatric Subunit, Webinars, Next Steps on the IOM Workshop.

Awards to ON DPG Members

- 2016 Distinguished Practice Award: Colleen Spees, PhD, RD
- 2016 Connie San Andres-Robles Distinguished Service Award: Suzanne Dixon MPH, MS, RDN
- 2016 Friend of the DPG Award: American Institute for Cancer Research
- 2016 Professional Partnership Award: Anne Yaktine, PhD, RD
- 2016 Award for Excellence in Oncology Nutrition Research: Emily Hill, dual MS/PhD student in Medical Dietetics and Rehabilitation Sciences at The Ohio State University for her abstract

entitled "Growing Hope: A Comprehensive Lifestyle Intervention Increases Fruit and Vegetable Intake and Carotenoid Status in Overweight Cancer Survivors".

- 2016 Small Research Grant awarded to Sylvia Crowder, MS, RDN and Dr. Anna Arthur for their project titled "Improving Dietary patterns in head and neck cancer survivors to optimize disease outcomes and supportive Care: a pilot/feasibility intervention study"
- Educational Grants awarded to Marisa Mozer, MS, RDN, CSO, LDN, CNSC and Britany Horst, RD, LDN

Social Media

- Facebook: 7,841 'likes' as of May 6, 2017 (an increase of approximately 2000 'likes' since 2016, 25% increase); reaching an average of 6,370 people per post weekly
- Pinterest account ongoing
- LinkedIn account created

Member Services

- Certified Specialist Oncology (CSO) board certifications exams were held by CDR in September 2016 and March 2017. There are currently 758 CSO RDNs in the U.S. and Canada.
- Electronic Mailing List (EML): approximately 800 members (as of May 2017)

Financials

- Revenue: \$115,868
- Expenses: \$93,798
- Investment reserves: \$299,818