

Oncology Nutrition

a dietetic practice group of the
 Academy of Nutrition
and Dietetics

ONCOLOGY NUTRITION DPG SYMPOSIUM: *MAKE YOUR PRACTICE SHINE* 2014 Conference Agenda

Friday, May 2nd, 2014

8:00 AM – 8:45 AM

“Oral Chemotherapy and Food/Drug Interactions” by Robert Mancini, PharmD, BCOP (St. Luke’s Mountain States Tumor Institute)

Learn about oral cancer treatment medications, and the important drug-food interactions of concern with these agents. Understand the important role of the dietitian in managing patients who are utilizing oral oncolytics.

8:45 AM - 9:30 AM

“Obesity, Metabolism and Cancer” by Stephen D. Hursting, PhD, MPH (University of Texas at Austin)

Want to fully understand the link between cancer and obesity? This session is for you! Discover the metabolic consequences and potential strategies for disrupting the obesity-cancer link.

9:30 AM – 9:40 AM Break

9:45 AM - 10:30 AM

“Ketogenic Diet” by Heidi Pfeifer, RD, LDN (Massachusetts General Hospital)

Identify a ketogenic diet and use it appropriately as part of your medical nutrition therapy. After this session you will be able to utilize a ketogenic diet and recognize its side effects.

10:30 AM – 11:15 AM

“Diabetes/Cancer Link” by Timothy B. Gardner, M.D. MS. (Dartmouth-Hitchcock Medical Center)

Learn about the important connections between diabetes and cancer, including some of the common, underlying pathologies of these two diseases. Pancreatic cancer will be presented as an example of current research programs into diabetes-associated malignancies.

11:15 AM - 11:45 AM

Question and Answer Panel from morning presentations

11:45 AM – 12:30 PM Lunch

12:30 PM - 1:30 PM

“Visit the Experts” You will have the opportunity to meet the experts from different areas of practice. This is an informal yet unique format to discuss best practices as well as controversial subjects encountered in clinical practice. This is also an opportunity to meet some of the authors who wrote chapters for the recently published *Oncology Nutrition for Clinical Practice*.

“Evidence Analysis Library: Using the evidence to support your clinical decisions and validate the benefit of the RDN’s” by Laura Elliott, MPH RD CSO LD (Mary Greeley Medical Center)

“Nutrition Risk Screening and Assessment: Identifying Nutrition Risk” by Rhone M. Levin, MEd RD CSO LD (St. Luke’s Meridian Medical Center)

“Interpreting Nutrition Information for Patients and Clinicians: Making Sense of the Madness” by Suzanne Dixon, MPH, MS, RD (Epidemiologist/Registered Dietitian, Consultant, The Health Geek, LLC)

“Medical Nutrition Therapy for Pancreatic and Bile Duct Cancer” by Maria Petzel, RD CSO LD CNSC (The University of Texas M.D. Anderson Cancer Center)

“Head and Neck Cancers: The Pros and Cons of Prophylactic Feeding Tubes” by Andreea Nguyen MS RD CSO LD CNSC (Baylor University Medical Center) and Katrina Claghorn MS RD CSO LDN (Abramson Cancer Center of the University of Pennsylvania, Philadelphia)

“Nutrition Management of the Cancers of the GI Tract: Managing GI symptoms” by Colleen Gill, MS RD CSO (University of Colorado Cancer Center)

“Developing an Oncology Nutrition Program in a Cancer Center: The nuts and bolts of starting a nutrition program” by Heidi Ganzer, MS RD CSO LD (Minnesota Oncology Hematology PA)

“Certified Specialist in Oncology Nutrition: Board certification to advance and enrich your career” by Kathryn K. Hamilton MA RD CDN CSO (Morristown Medical Center, Morristown, NJ) and Elise Cushman, MS RD LD (Norris Cotton Cancer Center/Dartmouth Hitchcock Medical Center, Lebanon, NH)

1:30 PM - 2:30 PM

“Cooking for Cancer: Nutritious Meets Delicious” by Marti Wolfson, CHC (MW Culinary Wellness, NY, NY)

This cooking demonstration will highlight different meal and snack ideas aimed to help your patients with particular side effects such as nausea, mouth sores, digestive problems and weight changes. Learn how to help fight cancer from the kitchen.

2:30 PM – 3:30 PM

“Pancreatic Enzymes” by Maria Petzel, RD, CSO, LD, CNSC (The University of Texas M.D. Anderson Cancer Center)

Discover strategies for management of pancreatic exocrine insufficiency symptoms, find out which brands are approved by the FDA, and learn the common dosage recommendations and requirements.

3:30 PM – 4:00 PM Break

4:00 PM – 5:30 PM

“Nutrition-focused Physical Exam of the Oncology Patient” by Susan Roberts, MS, RD, LD, CNSC (Baylor University Medical Center)

Learn how to identify malnutrition and the different components of a nutrition-focused physical exam in the oncology patient.

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Saturday, May 3rd, 2014

6:30 AM – 7:00 AM Abbott Nutrition Sponsored Breakfast

7:00 AM - 7:50 AM

“Preserve and Prevent: A Focus on Lean Body Mass in Oncology Patients” by Anne Coble Voss PhD, RD (Abbott Nutrition Global Research and Development)

A look at lean body mass, its functions, and complications associated with lean body mass loss in oncology patients including older and obese adults, and ways to preserve and prevent lean body mass loss.

8:00 AM – 9:00 AM

“Developing a Nutrition Program at Your Cancer Center” by Colleen Gill, MS, RD, CSO, (University of Colorado Cancer Center) Rhone Levin, MEd, RDN, CSO, LD, (St. Luke’s Meridian Medical Center) and Heidi Ganzer, MS, RD, CSO, LD (Minnesota Oncology Hematology PA)

Are there too many patients to see and not enough dietitians? Not sure how to figure out a way to see the most at risk patients and not miss anyone? Want to help justify getting more coverage or getting reimbursed for nutrition services? This session will help answer these important questions.

9:00 AM – 10:00 AM

“Hematopoietic Cell Transplantation” by Paula Macris, MS, RD, CSO, FAND, CD (Fred Hutchinson Cancer Research Center/Seattle Cancer Care Alliance) and Kerry McMillen, MS, RD, CD, CSO (Fred Hutchinson Cancer Research Center/Seattle Cancer Care Alliance)

Learn the nutrition parameters, management of complications, pathophysiology of graft-versus-host disease, and nutritional implications of stem cell transplant for both adult and pediatric patients.

10:00 AM – 10:30 AM Break

10:30 AM – 11:30 AM

“Let’s Talk About Tubes: A Review of Access Devices, Adaptors and Appropriate Connections for Enteral Nutrition” by Leanne Saxton, RD (St. Joseph’s Hospital) and Heather Henning, RD (Coram Healthcare)

Presentation will discuss and demonstrate enteral nutrition devices and equipment to make sure you know what exactly your patients need to be successful with their tube feedings.

11:30 AM – 12:30 PM Lunch

12:30 PM – 1:00 PM

“Medical Marijuana Use” by David Craig, PharmD (H. Lee Moffitt Cancer Center and Research Institute)

Find out the pros and cons of medical marijuana use in cancer patients, its potential impact on other cancer treatment modalities, and recommendations to improve its efficacy and safety.

1:00 PM – 2:00 PM

“Survivorship” by Cheryl Rock, PhD, RD (University of California San Diego, La Jolla)

Learn about the composition and characteristics of the nearly 14 million cancer survivors living in the US today, including the critical nutrition challenges faced by this population. Gain valuable insight into the current state of cancer survivorship research, results of intervention trials, long-term cancer survivorship care issues, and available resources for cancer survivors.

2:00 PM – 3:00 PM

“Rational Use of Natural Supplements in Integrative Oncology” by Donald Abrams, M.D. (University of California San Francisco)

Discuss controversial areas of integrative oncology and nutrition, and innovative ways in which integrative oncology is helping patient care.

3:00 PM – 3:30 PM Break

3:30 PM-5:00 PM

“Research Savvy-Tips and Tricks to being ‘In the Know’” by Denise Snyder, MS, RD, LDN (Duke University Medical Center) and Emily Mazure, MSI, AHIP (Duke University Medical Center)

Understand the basics of clinical research and how to become an effective member on the team. Learn how a librarian can support your work. Tips provided on how to develop a literature search strategy and do a basic search in PubMed using key terms and MeSH terms.